



CANDLE LIGHTING 8:14 PM | 23 SIVAN | JUNE 29, 2024 | HAVDALA 9:17 PM

שבת פרשת שלח SHABBAT PARSHAT SHLACH

צדקתר צדק. Pirkei Avot Chap. 3.

TODAH RABAH

A big thank you to the officers and trustees of the shul Haftorah is Joshua 2:1-24. We that are completing their terms of office: Vice President bless the month of Tamuz. Do not Aaron Czinn, and Trustees Natasha Borsuk, Esther say אב הרחמים. At Mincha say Schwed, and Robyn Safier. Yasher Koach.



FRIDAY EVENING

MINCHA	6:47 PM
EARLIEST CANDLES	6:58 PM
SHKIA	8:33 PM
TZAIT HAKOCHAVIM	9:13 PM
SHABBAT	
HASHKAMA	7:55 AM
MAIN	9:00 AM
LAST KRIAT SHEMA	9:14 AM
POST-HASHKAMA SHIUR	10:00 AM
FUNDAMENTALS SHIUR	11:30 AM
PRE-MINCHA SHIUR	7:25 PM
MINCHA	8:05 PM

COMMUNITY SOFTBALL EVENT

Play ball with Ahavat Achim on July 4, 2024! All adults are welcome and encouraged to play. RSVP by 6/30 by emailing events@ahavatachim.org!

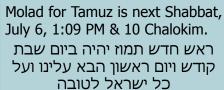
TORAT ACHIM - SECOND ANNUAL

- 1) Fundamentals "Summer Book Club" reading To Heal a Fractured World by R' Lord Jonathan Sacks.
- 2) Mishna Tractate Chullin in conjunction with the Kerem Shalom on Seder Kodshim in memory of the members of Kerem Shalom who lost their lives protecting the kibbutz on Oct. 7th, followed by a Bergen County siyum.
- 3) Tzurba M'rabanan (women's chabura), Laws of Bikur Cholim (Volume 3) -Shelly Winchester's home, 5:00 PM.
- 4) Tzurba M'rabanan (men's chabura) laws of Shabbat.
- 5) Gemara: Beginner/intermediate chabura, weekly learning of the laws of returning lost objects in the 2nd Chapter of Bava Metzia.

Please sign up here: https://forms.gle/AXWFH6WSUbgK3TYe6. RSVP is not required, but is used for tracking participation & improving the program.

9:17 PM

MAARIV



MUSICAL HALLEL

Musical Hallel is back on Rosh Chodesh Tammuz, Sunday, July 7, during a second Shacharit minyan at 9:15 AM, and will be followed by a summer art project for Youth and a Community Breakfast. RSVP and/or be a sponsors for the breakfast by clicking here: Musical Hallel.

ORTHODOX UNION THE PART TO THE	SUNDAY 6/30	MONDAY 7/1	TUESDAY 7/2	WEDNESDAY 7/3	THURSDAY 7/4	FRIDAY 7/5	
WEEKDAY MINYANIM AT AHAVAT ACHIM							
SHACHARIT	8:00 AM	6:15 AM	6:25 AM	6:25 AM	8:00 AM	6:25 AM	
MINCHA/MAARIV	8:20 PM	8:20 PM	8:20 PM	8:20 PM	8:20 PM	6:47 PM	
ZMANIM							
Earliest Talit	4:18 AM	4:19 AM	4:19 AM	4:20 AM	4:21 AM	4:22 AM	
Gedolah	1:38 PM	1:38 PM	1:38 PM	1:38 PM	1:38 PM	1:39 PM	
Shkia	8:32 PM	8:32 PM	8:32 PM	8:32 PM	8:32 PM		
Tzait	9:12 PM	9:12 PM	9:12 PM	9:12 PM	9:12 PM		

Rabbi Ely Shestack President Robert Safren

UPCOMING EVENTS

June 25 - Annual Membership Meeting
July 4 - Softball Game, 10 AM. All adults
are welcome and encouraged to play. RSVP
by 6/30 to events@ahavatachim.org.
July 7 - Rosh Chodesh musical Hallel,
summer art project for Youth and
Community Breakfast. RSVP and/or be a
sponsorsby clicking here: Musical Hallel.

IN OUR FUTURE

July 6 - Seudah Shlishit is sponsored by the Goreliks to commemorate the yahrzeit of David's grandmother, Fanya Yeruhovich" (Chana Feiga Bat Hirsh).

July 13 - Seudah Shlishit is sponsored by the Winchesters on the yahrzeit of Steve's father, מאיר דוד בן שמואל גרשון הלוי, David Winchester

Aug. 24 - Kiddush is sponsored by Michelle & Zvi Dubin in celebration of Jon's Auf Ruf and upcoming wedding to Ruchie Gross Aug. 24 - Seudah Shlishit is co-sponsored in memory of Warren Wolf and by Michelle & Zvi Dubin in celebration of Jon's Auf Ruf.

KIDDUSH & SEUDAH SHLISHIT



- Enjoy Scotch at Kiddush, please donate a bottle to the shul from time to time.
- To sponsor a Kiddush (prices start at \$318, plus a bottle of scotch) email dmgarfunkel@gmail.com.
- Want to know what is on the menu for Kiddush? If so, please email dmgarfunkel@gmail.com so he can put you in the WhatsApp group.
- To sponsor for \$136 Seudah Shlishit (or in the case of multiple sponsors, \$100 per sponsor), email dmgarfunkel@gmail.com.

COMMUNITY EVENTS

Solidarity mission to Israel via Mizrachi, with Rabbis Markowitz and Katz, will take place July 29 - August 1. Click here for more information: <u>Fair Lawn Mission to Israel</u>. For questions, email <u>ariel.brum@gmail.com</u>.

SHIURIM

• SAMSON RAFAEL HIRSCH ON THE PARSHA, Tuesdays at 1:00 PM (https://zoom.us/j/7291311899, PW: 112233).



•TORAH FOR YOUR COMMUTE, via a Whatsapp group, with 3-minute daily Halacha insights. To join

KENEKSE

email Rabbi Shestack at rabbishestack@gmail.com.

- SHABBAT SHIUR, 40 minutes pre-mincha.
- FUNDAMENTALS OF JEWISH THOUGHT, after Kiddush.
- MESORAH-IN-REVERSE lecture series at Seudah Shlishit.
- Tzurba M'Rabanan on Shabbat, and on Wednesdays at 7:30 PM (to be adjusted as Maariv time changes) on Zoom with Shalom Brauser.

CONTACTING THE RABBI

The Rabbi is always available for halachic and pastoral issues. For less exigent matters, text, call, or drop by during the Rabbi's office hour, Tuesdays, 2:00 PM to 3:00 PM, or feel free to reach out to the Rabbi to make other meeting arrangements.

Truths BE Self-Endent THAT ALL MEN ARE CREATED EQUAL THAT THEY ARE ENGROWED BY CREATER CERTAIN THEIR CREATER CERTAIN INALENABLE RIGHTS THAT AMONG Life LIBERTY and Pursuit of Happiness the

GITA COOPERWASSER

June 29 - Park Playdate, Godwin Park
July 20 - Park Playdate, Edison Park
August 17 - Park Playdate, Park TBD
August 31 - Park Playdate, Park TBD
September 21 - On Shabbat - Learn, Eat,
and Play High Holiday Program.
October 13 - Sukkah decoration, w/donuts.

GITA COOPERWASSER^{¬"y} YOUTH PROGRAM



- SHABBAT YOUTH LEADERS, 1ST -4TH GRADE: LETIZIA & NICOLE; 3 YRS - K: LYLA & GENESIS
- Youth group for children in 1st to 4th Grades starts at 9:00 AM (Drop Off) in the Youth Room on the left upon entering the social hall.
- Youth group for children 3 years old through Kindergarten starts at 9:15 AM (Drop Off) in the Youth Room on the right upon entering the social hall.
- A Prince with the second secon
- Parent & Me room opens at 9:15 AM in the Beit Midrash.
- 5th through 9th graders will meet for Torah and games at 10:00 AM in the David Schwitzer^{¬"ν} Social Hall.
- Rabbi Meet & Greet, every Friday night, kids can come over to the Rabbi after davening to receive a cup of grape juice and a ticket!
- Children's corner at Seudah Shlishit On Hiatus.
- Children earn tickets for coming to minyan (Friday night and/or Shabbat day), asking the rabbi questions or attending parent-child learning programs! Tickets can be redeemed for prizes.

18-25 Saddle River Road Fair Lawn, NJ 07410 201.797.0502 http://www.ahavatachim.org IN TAMUZ WE REMEMEMBER . . . Page 3





NAME	HEBREW DATE	CANDLE EVENING OF	<u>DEDICATOR</u>	RELATIONSHIP
Harry Kirchenbaum	1	July 6	Hyman Kirchenbaum	Father
May Lehner	6	July 11	Steven Plotnick	Mother
Ida Wigod	7	July 12	Seymour Wigod	Grandmother
David Winchester	7	July 12	Steve Winchester	Father
Harry Shimoff	17	July 22	Melanie Kwestel	Father
Gladys Kustanowitz	18	July 23	Al Kustanowitz	Mother
Cheryl Wigod	19	July 24	Seymour Wigod	Wife
Cheryl Wigod	19	July 24	Ron Sokoloff	Sister
Kiva Wigodsky	25	July 30	Seymour Wigod	Uncle
Sylvia Latkin	27	August 1	Eita Latkin	Mother-In-Law
Max Bickel	28	August 2	Jack Bickel	Grandfather
Jacob Kustanowitz	28	August 2	Al Kustanowitz	Father
Betty Lee Schechter	28	August 2	Joyce Heller	Sister
Jason H. Schechter	29	August 3	Joyce Heller	Nephew

DAVID SCHWITZER¬"y SOCIAL HALL

Please contact Lori Garfunkel at garfmom@gmail.com to book the David Schwitzera Social Hall for an event or special occasion. \$250 per simcha (members)/\$325 for Associates/\$400 paid in advance for non-members, plus the cost of additional clean up (and a \$150 security/ cleaning deposit refunded when the social hall is returned in its original condition). Private caterers must be approved in by the Rabbi.

DONATE A SEFER, ETC.

Siddurim & Machzorim (\$40), and Chumashim (\$60), are available for donation. Please contact Jeff Safier at ieff.Safier@qmail.com for details.

SCRIP

Men's Club scrip is available. Email dmgarfunkel@gmail.com for details.

HONORARIA

The available Honoraria list will be provided upon request by contacting Steven Plotnick at seplotnick@gmail.com.

MISHEBAYRACH

With a Mishebayrach you've pledged to give Tzedakah on behalf of those for whom you asked Hashem's blessing. Contributions to the shul can be made using Paypal's Giving Fund (with 100% of the proceeds going to the Shul), by clicking here: Ahavat Achim Donations. If by check, please indicate on its face "Aliyah Donation."

YAHRZEIT PLAQUES

Memorialize a loved one with a plaque, \$300 for members/\$450 for nonmembers. We will strive to send you written notice of upcoming yahrzeit and announce name during public Yizkor. Email Amy at aagress@gmail.com to arrange.

MEN'S CLUB

Please contact Elliot Greene at <u>MensClub@AhavatAchim.Org</u> to join the Men's Club.

SPONSORSHIPS

Sponsorships opportunities for Yahrtzeits, Refuahs, and Hodahs (thanks), are available for regular shiurim, youth events and similar activities (but not for established honorariums or sponsorship funded events). Cost of sponsorship (shiur or youth event) is \$100 per sponsor. Multiple sponsors for an event will be accepted. Sponsorships will be listed in the bulletin and announced at the event (and, if possible, a placard with the sponsorship will be prepared and displayed at the event).

Sponsorships do not include any extra amenities (such as food). Please contact either Stephen Agress or Steve Plotnick for questions or clarifications.

תמוז TAMUZ (ADAPTED FROM <u>OU.ORG)</u>

"And He brought me to the entrance at the Gate of the House of the L-rd which was at the north; and there were there women sitting, bewailing the Tamuz". (Yechezkel 8:14)

"Tamuz" is the Babylonian name of this month, as are all of the "official" names of the months in the Hebrew Calendar. In the Bible, however, the month is referred to as "the Fourth Month," with reference to Nisan, the First Month.

As mentioned above, the name which "came up" from Babylon with the Jewish People was Tamuz. In this case, consideration of the use of the name in Yechezkel would make it appropriate to say that the name "Tamuz" brought down the Jewish People. The verse in Yechezkel cited above speaks of the worship of a Babylonian idol, known as "Tamuz." And it seems most odd, at first glance, that this name would be chosen as the name of a Hebrew month.

However, in the context of the month that we are dealing with, a month of tragedies which would lead to still greater tragedies, the appropriateness of the name becomes clear. The Prophet Yechezkel was being shown by G-d the reasons for His great Anger against the Jewish People, namely, the various forms of idol worship that had been adopted by them to replace the Divine Service. This behavior would result, if the Jewish People would not repent, in the Destruction of the Once-Holy, but now desecrated, Temple.

We read in the Book of Yehoshua (10:11-14) of the Battle of Yehoshua and the People of Israel against the five kings of the Emorite Nation. In the Biblical account, we find mention of "great stones" thrown, as it were, by G-d, upon the Emorites. This could refer to hail, as the verse itself mentions (Yehoshua 10:11).

But in light of the great astronomical miracle detailed in the following verses (12-14), in which the sun and the moon are pictured as having not advanced, until the People of Israel had achieved complete victory, there is here the suggestion of a tremendous suspension of the paths in Heaven, perhaps caused by a contact of the Solar System with an intense meteor, or asteroid, shower. Whatever the case, according to Jewish tradition, this great miracle is supposed to have occurred on the third of Tamuz.

The "sign" of the month is "Sartan," "Cancer," or "The Crab," because a constellation which is observed at this time of year has the appearance of a crab. Also, the season is summer, and the hot weather of summer causes crabs to multiply in the water. Crabs pinch and hurt, and this month was basically a time in which the Jewish people were hurt.

AHAVAT ACHIM MEMBERSHIP/ HOSPITALITY

Email Sara at membership@ahavatachim.org for membership details or Shabbat hospitality.

PERSONAL ANNOUNCEMENTS

Various life cycle events related to members are announced in the bulletin (e.g., births and weddings of children/grandchildren, bar/bat mitzvahs of children, deaths requiring shiva observance, as well as travel to/from Israel to study). Other personal announcements are not appropriate except as part of the bulletin's dedication (\$36 cost - \$54 with photo).

NUMBERS & INFO

ERUV: To subscribe for updates, email fairlawneruv@groups.io. Check status at https://groups.io/g/fairlawneruv or call 201-254-9190.
MIKVAH: 201-796-0350. At Shomrei Torah. Go to http://www.fairlawnmikvah.org/ for online booking.
TWITTER: AhavatAchimFL

FACEBOOK: www.facebook.com/profile.php? id=100091322384429

INSTAGRAM: www.instagram.com/ahavatachim/ FLICKR: flickr.com/photos/ahavatachim/albums

BULLETIN DEDICATIONS, ANNOUNCEMENTS, AND SHUL CALENDAR

Email seplotnick@gmail.com to request an announcement of a simcha, refuah or life cycle event in the bulletin or to dedicate a bulletin for \$36 (\$54 w/ Photo).

COMMUNITY SECURITY



To volunteer and become part of our community security service, email Margo at security@ahavatachim.org.

CHESED TEAM

Please reach out to our chesed team if you or someone you know needs assistance by emailing us at chesed@ahavatachim.org. We operate with confidentiality under Rabbi Shestack's guidance.





THURSDAY JULY 4, 2024

EDISON PARK AT 10AM

EVENTS@AHAVATACHIM.ORG

RSVP BYJUNE 30



Join us for a PLAYDATE IN THE PARK



Shabbat Afternoon June 29th at 3:45 PM Godwin Park



Snacks will be provided



MUSICAL HALLEL+ MUNITY BREAKFAST



SUNDAY JULY 7, 2024



SHACHARIT W/ **MUSICAL HALLEL**

Hallel begins ~9:35am

SUMMER ART PROJECT

For Youth





BAGEL REAKFAST





Covenant & Conversation



SHELACH LECHA • שלח לך

FROM THE TEACHINGS AND WRITINGS OF RABBI LORD JONATHAN SACKS 7"2T

With thanks to the Schimmel Family for their generous sponsorship of Covenant & Conversation, dedicated in loving memory of Harry (Chaim) Schimmel.

"I have loved the Torah of R' Chaim Schimmel ever since I first encountered it. It strives to be not just about truth on the surface but also its connection to a deeper truth beneath. Together with Anna, his remarkable wife of 60 years, they built a life dedicated to love of family, community, and Torah.

An extraordinary couple who have moved me beyond measure by the example of their lives." — Rabbi Sacks

This year's series of essays and videos were originally written and recorded by Rabbi Sacks zt"l in 5771 (2010–2011). These timeless messages are accompanied by a new Family Edition (2023–2024), created to inspire intergenerational learning on the parsha.

What Made Joshua and Caleb Different?

The twelve men sent by Moses to explore the land of Israel came back with a wholly misleading report. They said:

"We cannot go up against those people, for they are stronger than us... The land which we have journeyed through and scouted is a land that consumes its inhabitants; and all the people we saw were tall and broad to a man."

Num. 13:31-32

In fact, as we later discover in the book of Joshua, the inhabitants of the land were terrified of the Israelites. When Joshua sent spies to Jericho, Rahab told them "A great fear of you has fallen on us, so that all who live in this country are melting in fear because of you." When the people heard what God had done for the Israelites, "our hearts melted in fear and everyone's courage failed because of you" (Josh. 2:9-11).

The spies should have known this. They themselves had sung at the Red Sea:

"The people of Canaan melted away; terror and dread fell upon them."

Ex. 15:15-16

The spies were guilty of an attribution error, assuming that others felt as they did. They said, "We were like grasshoppers in our own eyes, and so we were in their eyes" (Num. 13:33). But as the Kotzker Rebbe noted, they were entitled to make the first claim. Just not the second. They knew how they themselves felt, but they had no idea how the people of the land felt. They were terrified of the Canaanites and failed to see that the Canaanites were terrified of them.

Now there are two obvious questions: First, why did ten spies make this mistake? Second, why did two of them, Joshua and Caleb, not make it?

Stanford University psychologist Carol Dweck has written a fascinating book, *Mindset*¹, on why some people fulfil their potential, while others do not. Her interest, she says, was aroused when she observed the behaviour of 10-year-old children when given puzzles to solve. Some, when the puzzles became difficult, thrived. They relished the challenge, even when it proved too hard for them. Others became anxious. When the puzzles became hard, they were easily discouraged and quick to give up.

¹ Carol S. Dweck, Mindset: The New Psychology of Success, Ballantine Books, 2016.

She wanted to understand why. What makes the difference between people who enjoy being tested and those who don't? What makes some people grow through adversity while others become demoralised? Her research drove her to the conclusion that it is a matter of mindset. Some see their abilities as given and unalterable. We just are gifted or ordinary, and there is not much we can do about it. She calls this the "fixed mindset". Others believe that we grow through our efforts. Where they do not succeed, they don't define this as failure but as a learning experience. She calls this the "growth mindset".

Those with a fixed mindset tend to avoid difficult challenges because they fear failure. They think it will expose them as inadequate. So they are reluctant to take risks. They play it safe. When do people with the fixed mindset thrive? "When things are safely within their grasp. If things get too challenging . . . they lose interest."

People with the growth mindset react differently. "They don't just seek challenge, they thrive on it. The bigger the challenge, the more they stretch."

Parents can do great damage, Dweck says, when they tell their children they are gifted, clever, talented. This encourages the child to believe that he or she has a fixed quantum of ability. This in turn discourages them from risking failure. Such children often grow up to say things like, "I feel that my parents won't value me if I'm not as successful as they would like."

Parents who want to help their children should, she says, praise them not for their ability but for their effort, their willingness to try hard even if they fail. A great basketball coach used to say to his players, "You may be outscored, but you will never lose." If they gave of their best, they might lose the game but they would gain and grow. They would be winners in the long run.

The person with a fixed mindset lives with the constant fear of failure. Those with a growth mindset don't think in terms of failing at all.

Apply this logic to the spies and we see something fascinating. The Torah describes them in these words:

"All were all leading men among the Israelites."

Num. 13:3

They were people with reputations to guard. Others had high expectations of them. They were princes, leaders, men of renown. If Dweck is right, people laden with expectations tend to be risk-averse. They do not want to be seen to fail. That may be why they came back and said, in effect: We cannot win against the Canaanites. Therefore, we should not even try.

There were two exceptions, Caleb and Joshua. Caleb came from the tribe of Judah, and Judah, we learn in the book of Bereishit, was the first ba'al teshuvah. Early in life he had been the one who proposed selling Joseph into slavery. But he matured. He was taught a lesson by his daughterin-law, Tamar. He confessed, "She is more righteous than I am." That experience seems to have changed his life. Later, when the Viceroy of Egypt (Joseph, not yet recognised by the brothers) threatens to hold Benjamin as a prisoner, Judah offers to spend his life as a slave so that his brother can go free. Judah is the clearest example in Bereishit of someone who takes adversity as a learning experience rather than as failure. In Dweck's terminology, he had a growth mindset. Evidently he handed on this trait to his descendants, Caleb among them.

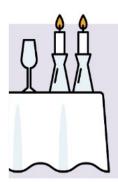
As for Joshua, the text tells us specifically in the story of the spies that Moses had changed his name. Originally he was called Hoshea, but Moses added a letter to his name (see Num. 13:16). A change of name always implies a change of character or calling. Abram became Abraham. Jacob became Israel. When our name changes, says Maimonides, it is as if we or someone else were saying "You are not the same person as you were before" (Mishneh Torah, Laws of Repentance 2:4).

Anyone who has experienced a name-change has been inducted into a growth mindset.

People with the growth mindset do not fear failure. They relish challenges. They know that if they fail, they will try again until they succeed. It cannot be coincidence that the two people among the spies who had the growth mindset were also the two who were unafraid of the risks and trials of conquering the land. Nor can it be accidental that the ten others, all of whom carried the burden of people's expectations (as leaders, princes, men of high rank) were reluctant to do so.

If this analysis is correct, the story of the spies holds a significant message for us. God does not ask us never to fail. He asks of us that we give of our best. He lifts us when we fall and forgives us when we fail. It is this that gives us the courage to take risks. That is what Joshua and Caleb knew, one through his name change, the other through the experience of his ancestor Judah.

Hence the paradoxical but deeply liberating truth: Fear of failure causes us to fail. It is the willingness to fail that allows us to succeed.



Around the Shabbat Table

- 1. Do you think Moses had a fixed mindset or a growth mindset?
- 2. If your name were to be changed to reflect or encourage growth, what would your new name be?
- 3. Should we fear a fear of failure?
- These questions come from this week's **Family Edition** to Rabbi Sacks' Covenant & Conversation. For an interactive, multi-generational study, check out the full edition at **RabbiSacks.org/covenant-conversation-family-edition/shelach-lecha/what-made-joshua-and-caleb-different/**



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